



Dear Parents,

Your child has been signed up to take part in the Escalade on **Sunday 5 December** as part of TEAM GES.

The Escalade is a circuit between 1.3km and 4.8km in the old town of Geneva, starting and finishing in Parc des Bastions. You can find a map of the exact route your child will run and more information on [Escalade.ch](http://Escalade.ch).

Please read the following information **carefully**. The Escalade is an extremely busy event therefore we want to make sure that all parents are aware of the below information to make the event as enjoyable and safe as possible.

## Race Timings

Starting time	Category	Year of birth	Distances
10h00	Parents-Children	Children: 2016 or 2017	1.360 km
10h30	Poussines B6	2015	1.360 km
10h40	Poussins B6	2015	1.360 km
10h50	Poussines B7	2014	1.360 km
11h05	Poussins B7	2014	1.360 km
11h15	Poussines A8	2013	1.736 km
11h25	Poussins A8	2013	1.736 km
11h40	Poussines A9	2012	1.736 km
11h50	Poussins A9	2012	1.736 km
12h05	Écolières B10	2011	2.341 km (1 lap)
12h15	Écoliers B10	2011	2.341 km (1 lap)
12h30	Écolières B11	2010	2.341 km (1 lap)
12h40	Écoliers B11	2010	2.341 km (1 lap)
12h50	Écolières A	2008-2009	2.341 km (1 lap)
13h05	Écoliers A	2008-2009	2.341 km (1 lap)
13h25	Cadettes A	2004-2005	2.341 km (1 lap)
13h25	Cadettes B	2006-2007	2.341 km (1 lap)
13h45	Cadets A	2004-2005	4.832 km (2 laps)
13h45	Cadets B	2006-2007	4.832 km (2 laps)



## **Responsibility for children**

GES staff will be present at the GES tent if you require any help at all. We will be reminding parents and children when it is time to make their way to the start zone whereby GES staff will help get the children there on time. After the race it is important that parents are at the finish line ready to collect their children.

## **Before the race**

Children will be able to leave their belongings in the tent if they wish as there will always be a member of GES staff there.

**Race packs/race bibs/ GES Escalade T-Shirts** will be distributed to your children in school to take home on Friday 4 December. The pack will include your child's dossard (bib) that they will need to wear during their race. If bibs are lost unfortunately we will not be able to provide your child with a new one. Please write your name and mobile contact number on the back of the bib. Race bibs must be pinned onto the front of your child's GES T-Shirt (with the provided safety pins) before their race.

There will be GES staff at the tent who can help any parents who are unsure of how to get from the tent to the start/finish zone. There will also be GES staff waiting near to the start race zone to greet you and then the children will be passed onto the race marshals to begin their race.

No parents or GES staff will be able to enter the race zone; the race marshals will take care of the children in the zone.

Please see the race times above for your child's start time and ensure your child is at the start zone **at least 10 minutes before their race starts**.

**Please do leave sufficient time to get to either the GES tent and/or to the race zone on the day. It is always a busy environment and it is easy to underestimate the time it takes to get to specific places around the various areas.**



## **The Race**

The races tend to be very quick and you will probably see your child once during the actual race – the area is too crowded and the race too quick for you to move to another part of the course. Once you have cheered them on we strongly recommend that you make your way over to the pick-up area.

### **Immediately after the race**

After the finish line, which is located on the right-hand side of the Parc des Bastions, the children will be directed to the refreshments zone where they receive their prize. Once they have collected their prizes, they will continue to walk through the arrival zone where they will be offered refreshments. They will then be directed to the pick-up zone in the “Children’s Village“ in the upper part of the Promenade des Bastions, where they can be collected by their parents/guardians.

### **Collecting children after the race**

Each child’s bib will have a picture of an animal, which you need to remember. At the end of the race, the children will be directed by the race marshals to an area, ‘pen’, where each post will be labelled with the corresponding picture of their animal.

Please show the picture to your child and explain that at the end of the race they are to wait for you by the post with the picture that corresponds to the image on their bib.

The animals are divided alphabetically. After the race, this is where you will collect your child.

### **Lost children**

There will be several people dressed as Little Red Riding Hood or ‘Le Chaperon Rouge’ walking around. In the unlikely event of a child being unable to find his/her way to the pick-up area at the end of the race, the child should seek out a Little Red Riding Hood and ask for assistance.

The Red Riding Hoods will then either direct/accompany the child to the pick-up point or phone the parent. If for any reason a child gets lost and there is no contact number on their bib they will be taken to a lost children tent where they will wait safely for you to pick them up.



## Electronic Chip

Each child's bib has an electronic chip. This serves to identify the child and determine his/her time and rank which is why it is critical for your child to wear their bib.

## GES tent

The GES tent will be in the 'Children's Village' on the far side of the finish line in the Parc des Bastions. We would love to see you there before your race and there will be basic first aid available for any runners that need it.

**e** course de l'escalade

### Village des Enfants

1	La Salésienne	1	8	Externat des Glacis	2
2	Commune de Pregny-Chambesey	1	9	Collège du Léman	2
3	Geneva English School	1	10	Institut International de Lancy	2
4	Ecoles de Coligny	1	11	Notre-Dame du Lac	2
5	Commune de Colonge-Bellerive	2	12	Collège Saint-Louis	1
6	Commune de Chêne-Bougeries	2	13	Ecole de Brechbühl	1
7	Ecole Primaire Française de Genève	2			

Enfants égarés  
genève  
Croix-Rouge genevoise  
GENÈVE SUISSE

8 9 10 11 12 13  
1 2 3 4 5 6 7

EXIT EXIT

Rue De-Candolle

Rue Saint-Léger



## **Refreshments**

We would appreciate it if you were able to contribute some healthy snacks (nut free) or refreshments for the children and their post-race experience and enjoyment. These can be brought to the GES tent prior to your child's race. Many thanks for your support !

## **Access**

The area from Place Neuve to the pedestrian crossing at the top of the Rue de la Croix-Rouge is reserved for the children's races. Access to this area is only from the Place Neuve at the bottom end of the Rue de la Croix-Rouge.

## **Medication**

GES will have a basic first aid kit available in the tent; however, all parents are responsible for bringing and providing any specific medication required by their child.

Escalade is a fantastic, community event and we hope you have an enjoyable day taking part. Your children and us are looking forward to hearing a lot of 'Go GES!' support for all of our awesome GES runners.

For any more information please see [www.escalade.ch](http://www.escalade.ch) website or email [ishibil@geschool.ch](mailto:ishibil@geschool.ch) with any questions.

We look forward to seeing you all there on the day,

**India Shibil**  
**Acting Head of Sport and PE**